

PRODUCT DESCRIPTION:

Our whole grain vegetable fried rice has brown rice, carrots, green peas, corn, and traditional Asian seasonings.

- Rice stays moist longer and does not get sticky or clumpy.
- Maximize oven space as our 5 lb pack size fills one full sheet pan.
- No preservatives or No MSG added.

MENU APPLICATIONS:

- Great item to serve as a side to an Asian-style entrée.

PREP INSTRUCTIONS:

. Pre-heat convection oven to 350°F. Spray full size steam table pan with vegetable spray. Open bag and place vegetable fried rice in pan, spread evenly and cover the pan tightly with foil. Cook for 45-50 minutes or until temperature reaches 165°F or above. Half way through the cook cycle, open foil carefully and stir vegetable fried rice, replace foil and continue to complete cooking. Remove from oven, uncover and mix before serving. Cooking equipment may vary. Adjust cooking time appropriately.



INGREDIENTS:

Brown Rice, Carrots, Green Peas, Corn, Seasoning (Maltodextrin, Soy Sauce Powder [Soy Sauce {Wheat, Soybeans, Salt}, Maltodextrin, Salt], Salt, Garlic Powder, Onion Powder, Caramel Color , Vinegar Powder [Maltodextrin, White Distilled Vinegar, Modified Food Starch], Less Than 2% Of Spice, Sugar, Yeast Extract, Fructose, Modified Food Starch, Lactic Acid, Toasted Sesame Oil, Silicon Dioxide [Anti-Caking], Soybean Oil.

Cooking Method	Temp	Time	Instructions
Convection Oven	350 °F	45-50 MINUTES	Prepare from frozen state

SHIPPING INFO / SHELF LIFE:

SHIPPING INFO:

GTIN (Case):	10072180690743
Gross Weight:	32.50
Net Weight:	30.975
Each Weight:	5.90
Cube:	0.84
Dimensions (LxWxH):	15.63 x 8 x 11.63
Cases/Pallet:	50
Tie:	10
High:	5
SHELF LIFE:	365

ALLERGENS:

Contains
Wheat or its Derivatives, Soy or its Derivatives,



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NUTRITION INFORMATION:

Serving Size:	5.9 oz (167g)	-
Serving Size (grams):	167	-
Serving Size (weight oz):	5.9	-
Eaches/Case:	6	-
Inner Packs/Case:	6	-
Servings/Case:	84	-
Calories:	270	-
Calories From Fat:	30	-
Calories From Saturated Fat:	4.5	-
Total Fat:	3.5	5%
Saturated Fat:	0.5	3%
Trans Fat:	0	-
Cholesterol:	0	0%
Sodium:	440	18%
Potassium:	-	-
Total Carbohydrate:	54	18%
Total Dietary Fiber:	3	12%
Sugars:	3	-
Protein:	6	-
Vitamin A:	-	70%
Vitamin C:	-	4%
Calcium:	-	2%
Iron:	-	4%
Whole Grain:	56	100%

NUTRITION INFORMATION:

Serving Size:	2.95 oz (84g)	-
Serving Size (grams):	84	-
Serving Size (weight oz):	2.95	-
Eaches/Case:	6	-
Inner Packs/Case:	6	-
Servings/Case:	168	-
Calories:	140	-
Calories From Fat:	15	-
Calories From Saturated Fat:	0	-
Total Fat:	1.5	2%
Saturated Fat:	0	0%
Trans Fat:	0	-
Cholesterol:	0	0%
Sodium:	220	9%
Potassium:	-	-
Total Carbohydrate:	27	9%
Total Dietary Fiber:	2	8%
Sugars:	2	-
Protein:	3	-
Vitamin A:	-	35%
Vitamin C:	-	2%
Calcium:	-	0%
Iron:	-	2%
Whole Grain:	28	100%

* Percent Daily Values are based on a 2,000 calorie diet.

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